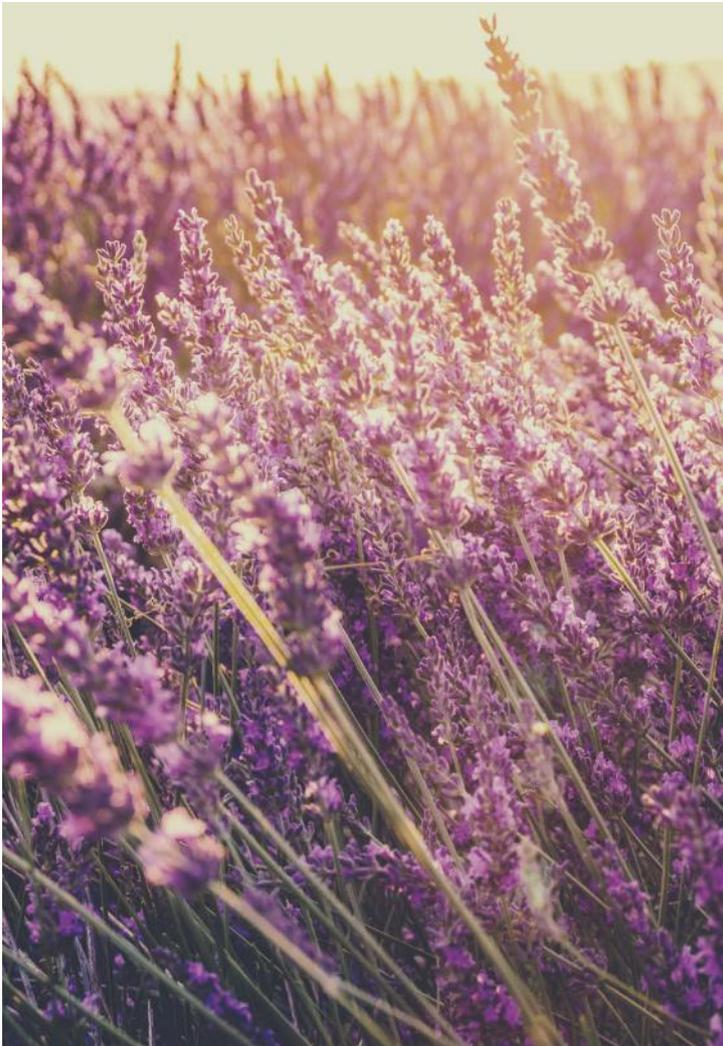


IN ESSENCE®

INTRODUCING OUR FINEST HARVEST
PURE ESSENTIAL OILS





To choose In Essence is to embark on a journey. Join us.

Discover the power of 100% pure essential oils for health & well-being, harvested from the finest crops and locations around the globe.

In Essence travel around the world to ensure every drop of our oils are the very best of every season and every yield.

With over 30 years' experience in combining Mother Nature's laboratory with modern science, we are devoted to sourcing the finest 100% natural pure essential oils to deliver effective results for physical and emotional wellbeing.

In Essence is proudly Australian owned and manufactured. We source our oils from a worldwide network of farmers and producers committed to supplying authentic, unadulterated oils for medicinal use.

Our oils are bottled in Victoria and undergo stringent testing and Quality Assurance. We do not test on animals and all of our products are paraben and pesticide free.

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Australian Sandalwood Pure Essential Oil

(*santalum spicatum*)

Origin: Western Australia, Australia
Characteristics: 3-8m evergreen tree
Aroma: Sweet, woody & exotic
Extraction Method: Steam-distilled

Made from the heartwood of the native Australian tree (*santalum spicatum*), this species is not to be confused with East Indian Sandalwood (*santalum album*) although it has a very similar aroma.

Australian (*santalum spicatum*) is the rarest and most exotic of the Australian Sandalwoods due to the fact that trees must be 25 years or older to harvest. It represents over half of the Sandalwood traded around the world, annually.

In Essence Australian Sandalwood is wild harvested, which means the trees are not part of a plantation but occur naturally in the landscape. Each tree is harvested separately and no part of the tree is wasted, including the roots. Oil is extracted from chips of the heartwood using a gentle, steam distillation process to produce a light, golden-coloured oil.

The Australia Sandalwood industry provides a vital source of income to communities where Sandalwood is harvested, which in turn helps to provide employment. Our producer is committed to community development and has financially supported local community projects over the years and adheres to strict harvesting regulations specified by the Australian Government to ensure the long-term sustainability of the Sandalwood Oil industry.

Traditionally used in aromatherapy to assist in the temporary relief of:

- Stress & anxiety
- Nervous tension
- Clear unwanted germs





Ylang Ylang Pure Essential Oil

(*cananga odorata*)

Origin: Madagascar, East Africa
Characteristics: 30m+ evergreen tree
Aroma: Sweet-floral, with subtle spice
Extraction Method: Steam-distilled

Fast-growing and tall the Ylang Ylang (*cananga odorata*) tree bears many large, strongly scented, white-petaled flowers that have a variety of inner colours, generally yellow-green.

Freshly picked Ylang Ylang flowers are steam and water distilled to produce an oil that is pale yellow to orange-brown in colour.

Traditionally used in aromatherapy to assist in the temporary relief of:

- Mild anxiety and stress
- Muscular aches and pains
- Headaches
- It is also reputed to be helpful as an aphrodisiac





Lemongrass Pure Essential Oil

(*cymbopogon flexuosus*)

Origin: India

Characteristics: 0.5m - 1.5m, stiff stemmed plant

Aroma: Fresh, clean with a hint of lemon

Extraction Method: Steam-distilled

Densely clumped and stiff-stemmed, Lemongrass (*cymbopogon flexuosus*) grows wild in the tropics of Eastern India. The grass is harvested and dried as soon as possible to preserve maximum oil retention before the leaves are steam-distilled to produce an oil that ranges in colour from yellow to amber.

In Essence's Lemongrass producer has a strong commitment to sustainability, the environment and its people. There is a strong emphasis on lasting partnerships with farmers, growers and vendors; education and training; ensuring approval standards are met, and sustainable farming practices are undertaken.

Extensive environmental impacts have created a reduced carbon footprint and ecological balance, achieved through helping farmers maintain and improve the quality of their soil, air and water. There is a comprehensive recycling program for plastic, paper and water, and the generation of energy from agricultural waste. Trees are also planted at production sites, factory locations and in the wider community.

Socially our Lemongrass producer has improved the quality of life for local communities with the supply and installation of new public bathrooms in rural areas and the purchase of school supplies and uniforms to local families.

Traditionally used in aromatherapy to promote general wellbeing and to assist in the temporary relief of:

- Digestive discomfort
- Muscular aches and sprains
- Maintaining peripheral circulation





Bergamot Pure Essential Oil

(*citrus aurantium var bergamia*)

Origin: Calabria, Italy

Characteristics: 4-8m evergreen plant

Aroma: Fresh sweet-fruity, subtle spicy-balsamic undertone

Extraction Method: Cold-pressed

The very 'toe' of Italy's famed boot, the region of Calabria is famous for its citrus fruit. It is here, where 90% of the world's Bergamot is grown, that In Essence sources the very best Bergamot (*citrus aurantium var bergamia*).

The peel from this slightly unripe, greenish fruit (slightly smaller than a grapefruit) is cold-pressed to produce a green to olive-green coloured oil.

In Essence Bergamot Oil is produced by a family business who have been growing and harvesting citrus in this region for over a hundred years and who still harvest their entire crop by hand. They are deeply committed to supporting and protecting their traditional harvest and extraction methods of this high quality, sustainable citrus fruit.

Traditionally used in aromatherapy to assist in the temporary relief of:

- Colds
- Eczema
- Mood swings





Juniper Berry Pure Essential Oil

(*Juniperus communis*)

Origin: Austria, Europe

Characteristics: up to 10m, stiff needled coniferous

Aroma: Subtle wood and fresh fruit

Extraction Method: Steam-distilled

A member of the pine family, Juniper (*Juniperus communis*) is commonly found on heaths and mountains in Europe, America, and Asia.

In Essence Juniper oil is extracted solely from the berries, which yield the highest quality, pale coloured oil.

Traditionally used in aromatherapy to assist in the temporary relief of:

- Arthritis and joint swelling
- Symptoms of gout
- Lower back pain
- Menstrual cramps





Lavender

Pure Essential Oil

(*lavandula angustifolia*)

Origin: France

Characteristics: up to 1m perennial

Aroma: floral, fresh, sweet, herbaceous

Extraction Method: Steam-distilled

Native to the Mediterranean, French Lavender (*lavandula angustifolia*) is less hardy than its English counterpart. The flowering tops are trimmed from the main plant and collected in a still, then steamed to extract an oil that is almost colourless.

Lavender has historically been a huge part of French life. In Medieval and Renaissance France, women who took in washing for hire were known as "lavenders" and Lavender has been traditionally used to scent drawers, perfume the air, ward off infection and heal wounds.

Traditionally used in aromatherapy to assist in the temporary relief of:

- Tired muscles
- Colds and coughs
- Skin conditions such as eczema & mild acne
- Minor burns
- Stress



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